## OTM TRACK CLUB HAS REACHED OUR CAPACITY FOR OUR 2023 SEASON.

WE WANTED TO LET YOU KNOW OF A FEW OTHER WAYS YOU CAN BE INVOLVED IN TRACK AND FIELD THIS SPRING/SUMMER:

#### BEAST MODE CAMP

This is a GREAT multi sport camp put on by Stan Doran, the head cross country coach at Bumpus Middle School. This is a great way for kids to exercise and have fun this summer. Email sdoran@hoover.k12.al.us with any questions or click on the photo for more info -->



#### RACE FOR THE GRACE PLACE

5Ks are a great way to train and get race experience. The Grace Place is hosting their annual 5K and fun run on May 6, 2023. It's a great race for an even greater cause. Click on the photo for more info -->



### OTM BIRDWELL MEMORIAL MEET

OTM Track Club will be hosting a track meet at Hoover High on May 27 for all youth athletes - and you don't have to be part of a club to compete! Click on the photo for more info -->



# OTHER SUMMER TRACK MEETS

If you check out coacho.com or athletic.net, you can find local track meets to compete in as an "unattached athlete." Click on the photo --> to see step by step instructions on how to register for these track meets.

